

Rose Wesche, Ph.D.

Virginia Polytechnic Institute and State University
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EDUCATION

- 2017 **Ph.D., Human Development and Family Studies**
Pennsylvania State University
Dissertation: *Friends, romantic partners, and casual sexual partners:
Exploring the social transmission of alcohol use in adolescence and
young adulthood*
Committee: Eva Lefkowitz (chair), Steffany Fredman, Derek Kreager,
Rachel Smith
- 2014 **M.S., Human Development and Family Studies**
Pennsylvania State University
Thesis: *Sexual behavior patterns in romantic and nonromantic
partnerships*
- 2012 **B.A. with highest honors, Psychology**
Oberlin College
Minors: History; Gender, Sexuality and Feminist Studies

PROFESSIONAL POSITIONS

- 2019 – Present **Assistant Professor**
Virginia Polytechnic Institute and State University
Department of Human Development and Family Science
- 2017 – 2019 **Ruth L. Kirschstein NRSA Postdoctoral Fellow**
Medical College of Wisconsin
Center for AIDS Intervention Research
Department of Psychiatry and Behavioral Medicine

PUBLICATIONS

Original Publications in Peer-reviewed Journals

Waterman, E. A., **Wesche, R.**, Leavitt, C. E., & Lefkowitz, E. S. (2019). Fraternity membership, traditional masculinity ideologies, and impersonal sex: Selection and socialization effects. *Men & Masculinities*. Advance online publication. <http://dx.doi.org/10.1037/men0000209>

- Wesche, R.,** & Dickson-Gomez, J. (2019). Gender attitudes, sexual risk, intimate partner violence, and coercive sex among adolescent gang members. *Journal of Adolescent Health, 64*, 648-656. <https://doi.org/10.1016/j.jadohealth.2018.10.292>
- Wesche, R.,** Kreager, D. A., Feinberg, M. E., & Lefkowitz, E. S. (2019). Peer acceptance and sexual behaviors from adolescence to young adulthood. *Journal of Youth and Adolescence, 48*, 996-1008. <https://doi.org/10.1007/s10964-019-00991-7>
- Wesche, R.,** Walsh, J. L., Shepardson, R. L., Carey, K. B., & Carey, M. P. (2018). The association between sexual behavior and affect: Moderating factors in young women. *Journal of Sex Research*. Advance online publication. <https://doi.org/10.1080/00224499.2018.1542657>
- Lefkowitz, E. S., Vasilenko, S. A., **Wesche, R.,** & Maggs, J. L. (2018). Changes in diverse sexual and contraceptive behaviors across college. *Journal of Sex Research*. Advance online publication. <https://doi.org/10.1080/00224499.2018.1499854>
- Wesche, R.,** Kreager, D. A., & Lefkowitz, E. S. (2018). Sources of social influence on adolescents' alcohol use. *Journal of Research on Adolescence, 28*, 779-785. <https://doi.org/10.1111/jora.12439>
- Lefkowitz, E. S., **Wesche, R.,** Picci, G., & Hochgraf, A. K. (2018). Daily associations between kissing and affect during the transition from adolescence to young adulthood. *Journal of Research on Adolescence, 28*, 779-785. <https://doi.org/10.1111/jora.12422>
- Lefkowitz, E. S., **Wesche, R.,** & Leavitt, C. E. (2018). Never been kissed: Correlates of lifetime kissing status in U. S. university students. *Archives of Sexual Behavior, 47*, 1283-1293. <https://doi.org/10.1007/s10508-018-1166-y>
- Waterman, E. A., **Wesche, R.,** & Lefkowitz, E. S. (2018). Longitudinal correlates of peer sexual communication quality in late adolescence. *Sexuality Research and Social Policy, 15*, 421-432. <https://doi.org/10.1007/s13178-017-0315-8>
- Wesche, R.,** Claxton, S. E., Lefkowitz, E. S., & van Dulmen, M. H. M. (2018). Evaluations and future plans after casual sexual experiences: Differences across partner type. *Journal of Sex Research, 55*, 1180-1191. <https://doi.org/10.1080/00224499.2017.1298714>
- Waterman, E. A., **Wesche, R.,** Leavitt, C. E., Jones, D. E., & Lefkowitz, E. S. (2017). Long-distance dating relationships, relationship dissolution, and college adjustment. *Emerging Adulthood, 5*, 268-279. <https://doi.org/10.1177/2167696817704118>
- Wesche, R.,** Kreager, D. A., Lefkowitz, E. S., & Siennick, S. E. (2017). Early sexual initiation and mental health: A fleeting association or enduring change? *Journal of Research on Adolescence, 27*, 611-627. <https://doi.org/10.1111/jora.12303>

Wesche, R., Lefkowitz, E. S., & Vasilenko, S. A. (2017). Latent classes of sexual behaviors: Prevalence, predictors and consequences. *Sexuality Research and Social Policy*, *14*, 100-111. <https://doi.org/10.1007/s13178-016-0228-y>

Wesche, R., Espinosa-Hernández, G., & Lefkowitz, E. S. (2016). Gender's role in misperceptions of peers' sexual motives. *Sexuality & Culture*, *20*, 1003-1019. <https://doi.org/10.1007/s12119-016-9370-1>

Invited Chapters

Wesche, R., & Lefkowitz, E. S. (in press). Normative sexual development and milestones. To be included in S. Hupp & J. Jewell (Eds.), *The Encyclopedia of child and adolescent development*. Hoboken, NJ: Wiley-Blackwell.

McDonnell, C., & **Wesche, R.*** (2016). Are we there yet? Gender and equality in couple relationships. In S. M. McHale, V. King, J. Van Hook, & A. Booth (Eds.), *Gender and couple relationships* (pp. 233-242). New York, NY: Springer.

*joint first-authorship

Selected Manuscripts in Preparation

Wesche, R., Lefkowitz, E. S., & Maggs, J. L. (in preparation). *Short-term consequences of sex: Contextual predictors and change across college*.

Wesche, R., Claxton, S. E., & Waterman, E. A. (in preparation). *Emotional outcomes of casual sex: An integrative review*.

CONFERENCE PRESENTATIONS

Paper Presentations

John, S. A., Walsh, J. L., **Wesche, R.**, Pleuhs, B., Quinn, K. G., & Petroll, A. E. (2019, November). *Biomedical HIV prevention- and treatment-related care: A latent class analysis among US primary care providers and HIV specialists*. Paper to be presented to the American Public Health Association, Philadelphia, PA.

Wesche, R., & Galletly, C. L. (2019, October). *Is consent sexy? Associations of explicit and implicit consent behaviors with evaluations of recent sexual encounters*. Paper to be presented to the Society for the Study of Emerging Adulthood, Toronto, ON.

Wesche, R., & Galletly, C. L. (2019, May). *Preliminary findings from an LGBTQ-inclusive adaptation of the Safe Dates teen dating violence prevention program*. Paper presented to the Society for Prevention Research, San Francisco, CA.

Waterman, E. A., **Wesche, R.**, Leavitt, C. E., & Lefkowitz, E. S. (2018, April). Fraternity

membership and hostile masculinity: Selection and socialization effects. In R. L. Golden, *Longitudinal models of sexual risk across adolescence and young adulthood*. Paper presented to the Society for Research on Adolescence, Minneapolis, MN.

Wesche, R., Lefkowitz, E. S., & Maggs, J. L. (2018, April). Drinking, relationship type, sexual behaviors, and consequences of sexual encounters in late adolescence. In R. L. Golden, *Longitudinal models of sexual risk across adolescence and young adulthood*. Paper presented to the Society for Research on Adolescence, Minneapolis, MN.

Lefkowitz, E. S., **Wesche, R.**, Hochgraf, A., & Picci, G. (2017, April). Daily associations between kissing and affect. In R. N. Avelar e Silva (chair), *Sexual development during adolescence: A positive perspective*. Paper presented to the Society for Research in Child Development, Austin, TX.

Wesche, R., Kreager, D. A., & Lefkowitz, E. S. (2017, April). Friends, romantic partners, and partners' friends: Associations with alcohol use via behavior, socializing, and attitudes. In **R. Wesche** (chair), *Peers, romantic partners, and drinking: Understanding diverse social influences on alcohol use in adolescence and young adulthood*. Paper presented to the Society for Research in Child Development, Austin, TX.

Wesche, R., Kreager, D. A., Lefkowitz, E. S., & Siennick, S. E. (2016, November). *Early sexual initiation and mental health: A fleeting association or enduring change?* Paper presented to the Penn State Human Development and Family Studies Graduate Student Symposium, State College, PA.

Waterman, E. A., **Wesche, R.**, & Lefkowitz, E. S. (2015, October). Between- and within-person correlates of quality of sexual communication with closest friend. In E. A. Waterman (chair), *Navigating sexual messages from peers, partners, and media: The role of emerging adults' own sexual values, communication, and behaviors*. Paper presented to the Society for the Study of Emerging Adulthood, Miami, FL.

Wesche, R., van Dulmen, M. H. M., Claxton, S. E., & Lefkowitz, E. S. (2015, October). Do partner type and intimacy motives uniquely predict reactions to casual sexual relationships and experiences? In J. Norona (chair), *Casual sex and infidelity in emerging adulthood: Motivations and reactions*. Paper presented to the Society for the Study of Emerging Adulthood, Miami, FL.

Lefkowitz, E. S., **Wesche, R.**, & Vasilenko, S. A. (2014, March). Longitudinal development of sexual behaviors during late adolescence: Exploring the role of relationship context. In L. O'Sullivan (Chair), *Behind closed doors: A closer examination of the relationship contexts and dynamics of young people's sexual lives*. Paper presented to the Society for Research on Adolescence, Austin, TX.

Poster Presentations

Lefkowitz, E. S., **Wesche, R.**, Lawrence, S., & Wink, M. (2019, March). *Sexual motives vary by*

- adolescents' romantic relationship status and commitment*. Poster presented to the Society for Research in Child Development, Baltimore, MD.
- Wesche, R.**, Kreager, D. A., Feinberg, M. E., & Lefkowitz, E. S. (2019, March). *Gendered pathways of peer acceptance and sexual behaviors from adolescence to young adulthood*. Poster presented to the Society for Research in Child Development, Baltimore, MD.
- Wesche, R.**, & Dickson-Gomez, J. (2019, March). *Attitudes toward women, intimate partner violence, and coercive sex among adolescent gang members*. Poster to be presented to the Society for Research in Child Development, Baltimore, MD.
- Lefkowitz, E. S., **Wesche, R.**, Carneiro, D., Lawrence, S., & Wink, M. (2018, April). *Daily predictors of contraception and condom use*. Poster presented to the Society for Research on Adolescence, Minneapolis, MN.
- Wesche, R.**, & Lefkowitz, E. S. (2017, November). *Sexual behavior and daily affect: Differences across alcohol use and partner type*. Poster presented to the Society for the Study of Emerging Adulthood, Washington, D.C.
- Waterman, E. A., **Wesche, R.**, Leavitt, C. E., Jones, D. E., & Lefkowitz, E. S. (2017, April). *Long-distance dating relationships, relationship dissolution, and college adjustment*. Poster presented to the Society for Research in Child Development, Austin, TX.
- Wesche, R.**, Lefkowitz, E. S., & Maggs, J. L. (2016, March). *Reciprocal associations between alcohol expectancies and heavy drinking before sex*. Poster presented to the Society for Research on Adolescence, Baltimore, MD.
- Lefkowitz, E. S., **Wesche, R.**, & Leavitt, C. (2015, October). *Never been kissed: Correlates of lifetime kissing status in emerging adulthood*. Poster presented to the Society for the Study of Emerging Adulthood, Miami, FL.
- Wesche, R.**, Lefkowitz, E. S., Kreager, D. A., & Siennick, S. E. (2015, March). *Sexual intercourse, making out, and depression in adolescence*. Poster presented to the Society for Research in Child Development, Philadelphia, PA.
- Wesche, R.**, Lefkowitz, E. S., & Vasilenko, S. A. (2015, March). *Latent classes of sexual behaviors: Prevalence, predictors and consequences*. Poster presented to the Society for Research in Child Development, Philadelphia, PA.
- Wesche, R.**, Lefkowitz, E. S., & Vasilenko, S. A. (2014, November). *Sexual behavior patterns in romantic and nonromantic partnerships*. Poster presented to the Society for the Scientific Study of Sexuality, Omaha, NE.
- Waterman, E. A., **Wesche, R.**, & Lefkowitz, E. S. (2014, March). *Peer relational predictors of peer communication about sex*. Poster presented to the Society for Research on Adolescence, Austin, TX.

Wesche, R., Lefkowitz, E. S., & Darling, N. (2013, October). *Self-esteem and romantic attachment as predictors of the relationship context of sexual activity*. Poster presented to the Society for the Study of Emerging Adulthood, Chicago, IL.

Wesche, R., & Darling, N. (2012, October). *Sexual relationships at the transition to college*. Poster presented to the Society for Research in Child Development Themed Meeting, Transition from Adolescence to Adulthood, Tampa, FL.

Wesche, R., Darling, N., & Welsh, D. P. (2011, March). *Affectionate and sexual behaviors in heterosexual adolescent couples: A pattern approach*. Poster presented to the Society for Research in Child Development, Montreal, QC.

RESEARCH SUPPORT

- 2018 – 2019 Dyadic Factors and Sexual Risk Reduction for Young Adults in Casual Sexual Relationships
Center for AIDS Intervention Research (Core Support from P30 MH052776)
Role: Principal Investigator, \$17,948 (total costs: \$27,460)
- 2017 – 2019 NRSA Postdoctoral Research Fellow
National Institute on Mental Health (T32 MH019985)
Medical College of Wisconsin
- 2016 – 2017 Bunton-Waller Fellowship (competitive graduate stipend)
Pennsylvania State University
- 2014 – 2016 Prevention and Methodology Training Grant Fellow
National Institute on Drug Abuse (T32 DA017629)
Pennsylvania State University
- 2012 – 2013 Bunton-Waller Fellowship (competitive graduate stipend)
Pennsylvania State University

SCHOLARSHIPS, HONORS AND AWARDS

- 2019 Early Career Preventionists Network Travel Award
Society for Prevention Research
- 2018 – 2019 Research Fellowship
Duke Social Networks and Health Workshop
- 2018 Postdoctoral Travel Award
Medical College of Wisconsin Office of Postdoctoral Education

- 2017 Zarit Award for Excellence in Research, Teaching, and Service
Pennsylvania State University Department of Human Development and Family Studies
- 2017 Student Travel Award
Society for Research in Child Development

RESEARCH EXPERIENCE

- 2018 – 2019 **Significant Contributor, Promoting Healthy Relationships among LGBT Youth**
Healthier Wisconsin Partnership Program
PI: Carol Galletly
- 2014 – 2016 **Graduate Research Assistant, PROSPER Peers Study**
Pennsylvania State University, Sociology and Criminology
PI: Wayne Osgood
- 2012 – 2016 **Graduate Research Assistant, University Life Study and Development Aspects of Sexual Health Lab**
Pennsylvania State University, Human Development and Family Studies
PI: Eva Lefkowitz
- 2011 – 2012 **Honors Research**
Oberlin College, Psychology
Chair: Nancy Darling
- 2011 **Undergraduate Research Assistant**
Oberlin College, Psychology
Supervisor: Nancy Darling
- 2010-2011 **Oberlin College Research Fellow**
Oberlin College, Psychology
Supervisor: Nancy Darling

TEACHING EXPERIENCE

- Spring 2017 **Instructor**, Preventing Alcohol Use, Depression, and Sexual Risk: Intersecting Health Risks in Emerging Adulthood
Pennsylvania State University, Human Development and Family Studies
- Fall 2016 **Instructor**, Research Methods
Pennsylvania State University, Human Development and Family Studies
- Spring 2014 **Graduate Teaching Assistant**, Sexual Identity across the Lifespan
Pennsylvania State University, Human Development and Family Studies

- Fall 2013 **Graduate Teaching Assistant**, Research Methods
 Pennsylvania State University, Human Development and Family Studies
- Fall 2013 **Graduate Teaching Assistant**, Honors Research Seminar
 Pennsylvania State University, Human Development and Family Studies
- Spring 2011 **Instructor**, Sexual Education Experimental College Course
 Oberlin College Sexual Information Center

GUEST LECTURES AND PANELS

- Recurring, 2014 – Sexual and Romantic Development
 2017 Intro to Human Development and Family Studies,
 Human Sexuality
- Spring 2016 Developing a Five-Year Plan
 Society for Research on Adolescence Young Scholars Program
- Spring 2016 "What You Can't Ask in Class" Sexual Education Panel
 Penn State Sexual Education eXperience week
- Fall 2015 Developing a Plan of Study
 Penn State HDFS Graduate Student Orientation

ADDITIONAL TRAINING

- 2018 Attended Duke Social Networks and Health week-long intensive course
 on social network analysis
- 2015 Graduate Certificate in Online Teaching, Pennsylvania State University
- 2015 Attended Stats Camp week-long intensive course on social network
 analysis

SERVICE TO UNIVERSITY

- 2015 – 2018 Student representative, Diversity and Early Career Steering Committee,
 Methodology Center
 Pennsylvania State University
- 2016 – 2017 Student representative, Faculty Meeting Committee, HDFS
 Pennsylvania State University
- 2015 – 2016 Student representative, Program Planning, Development, and Evaluation
 Committee, HDFS

Pennsylvania State University

2014 – 2015 Student representative, New Building Committee, HDFS
Pennsylvania State University

2014 – 2015 Graduate newsletter coordinator, HDFS
Pennsylvania State University

SERVICE TO PROFESSION

2018 – Present Member, Society for Research on Adolescence Social Policy Committee

2016 – 2018 Co-chair, Society for the Study of Emerging Adulthood Sexuality Topic
Network

2016 Junior Mentor, Society for Research on Adolescence Young Scholars
Program

SERVICE AS AD HOC REVIEWER

Archives of Sexual Behavior

Developmental Psychology

Emerging Adulthood

Journal of Adolescence

Journal of Adolescent Health

Journal of Research on Adolescence

Journal of Social and Personal Relationships

PLOS One

Sexuality Research and Social Policy

Society for Research on Adolescence Conference (2018)

REGULAR PROFESSIONAL AFFILIATIONS

Phi Beta Kappa Honor Society

Society for Prevention Research

Society for Research on Adolescence

Society for Research in Child Development

Society for the Study of Emerging Adulthood